



Winter Programme 2018-19



Welcome!

In this programme you will find details of four months' worth of walks, socials and weekends away! We aren't at present capturing walk leaders contact details but the email walksinfo@lrwg.org.uk forwards to multiple people so will be the best method to get help prior to a walk.

We recommend you look at our website guide: <http://www.members.lrwg.org.uk/#walkers> for frequently asked questions.

Very occasionally it is necessary to change walks due to unforeseen circumstances or errors are made. Please check the website <http://www.lrwg.org.uk/> or social media Facebook and Meetup groups (links along top of website) for any changes since this programme was printed. For Ramblers members joining the group email list is recommended for updates see <http://members.lrwg.org.uk/#email>

On Walks

Please try to be there 10 minutes before start time to allow time to put boots on & take walks register. Before going on a walk please ensure that your level of fitness is adequate.

What to take on a walk

Essentials:

- A good pair of walking socks and boots
- A packed lunch (chocolate and bananas are very good for energy!)
- Plenty of drinking water
- Breathable waterproof coat
- Sun cream (season dependent)
- Fleece or other warm top (season dependent)

Recommended, but not essential:

- Breathable waterproof over-trousers
- Walking pole(s), especially on hilly walks
- A basic first aid kit
- Gaiters
- Antihistamine cream for insect bites and grass allergies
- Walking trousers with zip off legs.

Walk Grades

Leisurely (L) - This will be most evening walks. Suitable for reasonably fit people with at least a little country walking experience. Walking boots and

warm, waterproof clothing are recommended. Terrain Includes unsurfaced country paths that may be narrow, uneven, muddy or overgrown, and obstructions such as stiles, narrow bridges, stepping stones and steps. May be hilly, with a few ascents and descents. May also include walks that would otherwise be graded easy access or easy but are longer than 8km/5 miles. Pace Slow or moderate pace; could include otherwise easy walks taken at a moderate pace.

Moderate (M) - This will be most Sunday walks around Leicestershire. Suitable for people with country walking experience and a good level of fitness. Walking boots and warm, waterproof clothing are essential. Terrain As leisurely walks, but with some sustained climbs and perhaps some moderate walking on open hillsides or moorland in the warmer months. Pace Moderate pace; could include walks on leisurely terrain taken at a brisk pace.

Strenuous (S) - This will be most Peak District type walks. Suitable for experienced country walkers with an above average fitness level. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the organiser or leader in advance. Terrain Includes rough country and mountains, a few long or lots of short ascents and descents on rough paths and across open country. Pace Moderate or brisk pace; could include walks on moderate terrain taken at a brisk pace.

Technical (T) - Something like going up Tryfan. Suitable for walkers with experience of walking in rough country, with additional technical skills and specialist equipment where appropriate. Walkers must contact the organiser or leader for further details. Terrain Rough country and mountains; may involve scrambling, ropes, ice axes or crampons. If there is a chance that weather conditions will require ropes or other technical equipment to be used and these are carried as a precaution, the walk should be classed as technical whether they are used or not.

Your walking group needs you!

The group can't exist without its members volunteering to lead walks. Please feel free to submit walks for the next programme. Contact programme@lrwg.org.uk

November 2018

Sunday 04 November 2018	10:30:00 AM	National Forest Way Stage 6, Hartshorne to Ticknall
Start Point: SK327206, DE11 7EB: Hartshorne, Derbyshire Meeting Point: Outside The Bulls Head pub, Hartshorne	9 miles	Moderate
Route: Hartshorne - Limehouse Dam - The Oaklands - Scaddows Farm - Ticknall - Windmill Wood - Foremark Reservoir - Carver's Rocks - Hartshorne		
Details: Please park in the St Peters Church Hall Car Park off Manchester Lane (I've checked and it says 'Members of the public welcome to park') or park considerately on local streets. The postcode will take you to a point on Main Street just down from The Bulls Head, which sits at the junction of Manchester Lane and Woodville Road. This walk covers Stage 6 of the National Forest Way. From Hartshorne we will head through woodland and farmland to the village of Ticknall, where we will stop for lunch. We will then join the National Forest Way over to Foremark Reservoir and down through woodland back to Hartshorne.		
Leader: Anna R	walksinfo@lrwg.org.uk	

Saturday 10 November 2018	11:00:00 AM	Walk, pub lunch and visit to Stoke Bruerne Floating Market
Start Point: SP740499, NN12 7SA: Stoke Bruerne, Northamptonshire Meeting Point: Church car park off Shutlanger Road	4.5 miles	Moderate
Route: Stoke Bruerne - Monastery Farm - Shutlanger - Nun Wood - Grand Union Canal - Stoke Bruerne		
Details: A chance to start getting those Christmas presents at a market with a difference! Come along to Stoke Bruerne's Floating Market on the Grand Union Canal https://www.facebook.com/events/492872777862414/ All the traders live on their boats and sell a wide range of artizan, hand made and quality gifts. We'll combine a trip to the market with a short 4.5 mile walk covering parts of the Midshires Way and the Northamptonshire Round. We'll grab lunch at The Boat Inn which backs on to the canal http://www.boatinn.co.uk/pdf/Bar%20Food%20Menu.pdf		
Leader: Anna R	walksinfo@lrwg.org.uk	

Sunday 11 November 2018	10:30:00 AM	Circular route in Derbyshire from Winster including Youlgreave and Elton
Start Point: SK245606, DE4 2DU: Winster, Derbyshire Meeting Point: Free car park on B5057 at eastern edge of Winster	9 miles	Strenuous
Route: Winster - Robin Hood's Stride - Youlgreave - Elton - Winster		
Details: A quite demanding walk with many areas of interest including Hermit's Cave - a cave shelter with a crucifix carved into the wall of the cave (a torch is required to see it). There are several areas of standing stones approaching the Iron Age hill-fort at Castle Ring. Our lunch stop is expected to be in Youlgreave where there is a choice of pubs. Walk has been found on walkingworld.com - walk identifier is ID2529.		
Leader: Mark H	walksinfo@lrwg.org.uk	

Sunday 18 November 2018	10:30:00 AM	Atherstone & The Hartshill Ridge. Warwickshire
Start Point: SP307977, CV9 1BB: Atherstone, Warwickshire Meeting Point: Bus station car park (free on Sundays) Station Road	8 miles	Moderate
Route: Starting from the historic town of Atherstone, there is a short climb to the wonderful viewpoint on the Hartshill Ridge. The return is via the interesting Atherstone flight of locks.		
Details: Walk 21 of a series of routes along Warwickshire's Centenary Way on Ramblers Routes. (see https://goo.gl/iwCXza for full details).		
Leader: Chris	walksinfo@lrwg.org.uk	

Saturday 24 November 2018	1:00:00 PM	Birmingham Floating Market social	
Start Point: SP069866, B2 4QE: Birmingham Floating Market social Meeting Point: Outside WH Smiths, Birmingham New Street			
Details: Meet at New Street Station at 1:00pm wander over to the canal market which is on until 4:00pm, have a drink then look at the New street market on the way back to the train station about 6:00pm Brindley Place. Narrowboats will assemble for the market on the canal at Brindley Place until 4pm. A lot of the goods on sale will be bespoke items made by the traders themselves. There will be the opportunity to have a drink in one of the many pubs by the canal at Brindley Place and then take a look at the normal Christmas market on New Street on the way back to the train station.			
Leader: Euan		socials@lrwg.org.uk	

Sunday 25 November 2018	10:30:00 AM	Circular route from Donisthorpe, taking in canal, woodland and villages	
Start Point: SK319143, DE12 7QD: Donisthorpe, Leicestershire Meeting Point: Free car park off Moira Road (9am - 4pm)		8 miles	Moderate
Route: Donisthorpe - Blackfordby - Moira - Donisthorpe			
Details: Starting at Donisthorpe Woodland Park, taking in a section of the Ashby canal towards Blackfordby, then around to Moira and back to the start.			
Leader: Tina		walksinfo@lrwg.org.uk	

December 2018

Sunday 02 December 2018	10:30:00 AM	A circular walk along the Midshires Way and Macmillan Way in southern Leicestershire and northern Northamptonshire	
Start Point: SP736870, LE16 7DR: Market Harborough, Leicestershire Meeting Point: Free car park in central Market Harborough. Meet outside Sainsbury's.		10 miles	Moderate
Route: Start in central Market Harborough. Walk east through fields up a small hill to the village of Dingley. Join the Midshires way at Brampton Ash, continue to Sutton Bassett and down to Great Bowden then back to Market Harborough through the town centre.			
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Leader: David A		walksinfo@lrwg.org.uk	

Sunday 09 December 2018	10:30:00 AM	A circuit of the medieval villages of Ingarsby, Quenby, Cold Newton and Buggrave from Hungarton.	
Start Point: SK690075, LE79JR: Hungarton, Leicestershire Meeting Point: Meet at the Black Boy Inn on Main St, near the corner of Baggrave Rd.		9 miles	Moderate
Route: A 9 mi circuit from Hungarton through the remains of the medieval villages of Ingarsby, Quenby, Cold Newton and Buggrave before rambling along the Queniborough brook on our return to the village.			
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Leader: Natalie		walksinfo@lrwg.org.uk	

Sunday 16 December 2018	11:00:00 AM	A circular walk from Peatling Magna	
Start Point: SP593927, LE8 5LW: Peatling Magna, Leicestershire Meeting Point: At the Main Street & Watt Lane junction.		7 miles	Leisurely
Route: Peatling Magna to Arnesby, Shearsby and Bruntingthorpe (See https://goo.gl/AB6bn5 for full details)			
Details: The morning after the Christmas Party! (Note the later start!). A shorter walk from Peatling Magna over fields and tracks and along a section of the Leicestershire Round. It looks like parking is available along Main Street heading out of the village.			
Leader: Chris D		walksinfo@lrwg.org.uk	

Sunday 23 December 2018	10:30:00 AM	Sence Valley Forest Park Mince Pie Walk	
Start Point: SK403112, LE67 6NW: Sence Valley Park, Ibstock, Leicestershire Meeting Point: Sence Valley Top (Free) Car Park		7 miles	Moderate
Route: A circular route starting and finishing at Sence Valley Park			
Details: A beautiful walk just outside Ibstock off the A447. The walk will start from the top carpark which is free, this is a restored site where open - cast mining was once used to supply the power industry, there are now three new lakes. At one stop mince pies have been promised by the walk leader!			
Leader: Andy M		walksinfo@lrwg.org.uk	

January 2019

Saturday 05 January 2019	11:00:00 AM	Cosy Pub Walk from Queniborough	
Start Point: SK647120, LE7 3DJ: Queniborough Meeting Point: Outside the Horse and Groom pub		6 miles	Moderate
Route: Queniborough - Brook Farm - Topfield farm - Gaddesby – Queniborough			
Details: A short walk from Queniborough, that will end with us warming up with a drink in the pub in front of the open fire. This walk is also a Walk Leader Q&A walk - ever wondered what leading a walk is like? Or how we come up with the routes for the walks? Come along and quiz your walk leaders to find out how you can help lead a walk in the future. LRWG is always in need of extra volunteers to help with walks so if you are interested please come along. And if you're not but fancy a walk in the crisp winter air followed by a drink in a cosy pub? Come along anyway! This walk is public transport accessible by bus to Syston (route 5) but you will have to walk about a mile from Syston to Queniborough. Contact Chair@lrwg.org.uk if you would like picking up from Syston.			
Leader: Anna R		walksinfo@lrwg.org.uk	

Sunday 06 January 2019	10:30:00 AM	Wigston Walk	
Start Point: SP603979, LE18 2FU: Wigston, Leicestershire Meeting Point: Launceston Road Shoppers car park.		11.5 miles	Moderate
Route: Wigston - Foston - Kilby - Wigston			
Details: Starting at the shops car park in Launceston Road Wigston (Please park in the long car park in front of the row of shops not the co-op one or alternatively on the surrounding streets. We will pass through Kilby Bridge Farm and walk to the 10th century church at Foston, then on to the Dog and Gun pub at Kilby before returning to Wigston along the canal tow path.			
Leader: Karl		walksinfo@lrwg.org.uk	

Sunday 13 January 2019	10:30:00 AM	National Forest Way Stage 11 Part 1, Newchurch to Rangemore	
Start Point: SK139231, DE13 8RG: Newchurch, Staffordshire (near Burton on Trent) Meeting Point: Free car park at Jackson's Bank, off Brakenhurst road near Newchurch		8 miles	Moderate
Route: Jackson's Bank - Braken Hurst - Lodge Hill - Rangemore - Byrkley Gorse - Newchurch - Jackson's Bank			
Details: Starting at the free car park at Jackson's Bank (off Brakenhurst road) we will first follow the Cross Britain Way long distance path through mature woodland and farmland before stopping for lunch at the Rangemore Free House, which welcomes walkers and their sandwiches. We will then join Stage 11 of the National Forest Way to head back towards Jackson's Bank, passing through farmland, woodland and the village of Newchurch on our way.			
Leader: Anna R		walksinfo@lrwg.org.uk	

Sunday 20 January 2019	10:30:00 AM	A walk in and around the picturesque town of Oundle following the River Nene and through the town centre.	
Start Point: TL036872, PE8 5PB: Oundle, Northamptonshire Meeting Point: Barnwell Country Park Main Car Park		8 miles	Moderate
Route: Starting from Barnwell Country Park, past Oundle Marina and along the River Nene to Oundle Wharf, passing Cotterstock Mill, before heading back towards the town and past the old school and the Parish Church of St Peter.			
Details: Starting from Barnwell Country Park, past Oundle Marina and along the River Nene to Oundle Wharf, passing Cotterstock Mill, before heading back towards the town and past the old school and the Parish Church of St Peter.			
Leader: Euan		walksinfo@lrwg.org.uk	

Sunday 27 January 2019	10:30:00 AM	East Leake	
Start Point: SK554263, LE12 6JG: East Leake, Nottinghamshire Meeting Point: Free car park on Gotham Rd		10.5 miles	Moderate
Route: East Leake, Rempstone, Stanford on Soar, Stanford Hall via King's Brook and then back to East Leake.			
Details: Starting at the free car park opposite the fire station on Gotham Rd. Heading towards Rempstone, Stanford on Soar, Stanford Hall via King's Brook and then back to East Leake.			
Leader: Matt		walksinfo@lrwg.org.uk	

May 2019

Friday 03 May 2019 - Monday 06 May 2019	Weekend Away Surrey Hills		
Start Point: TQ103450, RH5 6NW: Surrey Hills Meeting Point: YHA Holmebury St Mary			
Route: Walks taking in Box Hill and Leith Hill.			
Details: 3 nights at YHA Holmebury St Mary. More details about booking onto this will follow via the email list.			
Leader: Euan		walksinfo@lrwg.org.uk	

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